

canvassimo

by Jo&Anna

MANGO & STRAWBERRY SMOOTHIE

with coconut water (vegan)

TIME:

- preparation: 5-10 min
- cooking: 0 min
- ready in about: 5-10 min

INGREDIENTS:

SERVES 1-2

- 1/2 ripe mango, peeled, pitted and chopped
- 1 handful of strawberries
- 1 cup coconut water
- 1 fresh lime, juice only
- a few cubes of ice

METHOD:

1. Put all ingredients into a blender and blend until smooth.
2. Serve immediately or store in a mason jar in a fridge.
3. When you add 2-3 tablespoons of your home made granola it can be your breakfast or a snack when you're on the go.

<https://www.canvassimo.co.uk/mango-strawberry-smoothie/>